



GUIDELINES TO AUTHORS

The editors of **The Indian Journal of Nutrition and Dietetics** request the contributors to kindly adhere to the following requirements:

- Manuscript should be submitted exclusively to **The Indian Journal of Nutrition and Dietetics**.

- **Format of the manuscript**

Title – short and self explanatory

Abstract – about 200-250 words

Keywords – 6-8 key words

Introduction – the context of the problem with its suitable relevance and **objectives** in one or two sentences and description of what is expected to be found out.

Materials and Methods – outline of the study design, sample selection, analytical methods and data analysis.

Results and Discussion – based on data observed, statistical significance with suitable presentation in the form of tables or graphs / figures. Tables must be submitted in word format and figures in JPEG or TIFF format.

Conclusion – emphasize new and important outcomes of the study or observations.

References – APA format - complete and current, numbered consecutively in the order as they appear in the text; should have been published within the past five years.

- Content and accuracy of the manuscript are the responsibility of the authors and manuscript should be submitted online by logging and registering on to <http://www.ijndonline.org>
- Authors should clearly mention whether the manuscript is original research article, review article or short communication.

- Manuscript should be to a maximum of 15 pages, typewritten, Times New Roman, 12, double space. Review articles should be between 15-25 typed pages (abstracts, illustrations and references are excluded).

- Manuscript is accepted at the discretion of the editors and reviewers on the basis of content, originality, scientific accuracy, clarity and plagiarism check. All potentially acceptable manuscript in the fields of nutrition, nutritional biochemistry, food technology, food science and dietetics are peer reviewed.

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