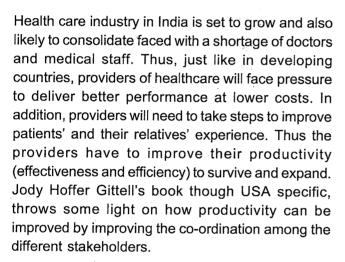
## High Performance Healthcare: Using the Power of Relationships to Achieve Quality, Efficiency and Resilience

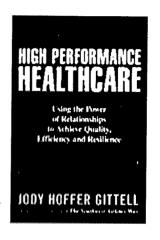
Gittell, J. H.

McGraw-Hill, 2009, 350 pp ISBN 978-0-07-162176-2 \$34.95 (Hardback)



This book is an outcome of Jody Hoffer Gittell's research work on applying Relational Coordination (how employees communicate and relate with one another) to some hospitals in USA. She has wide experience in this field having studied the Airline industry in the 1990s when she found that Relational Coordination was significantly different at The Southwest Airlines when compared to other operators. She has published dozens of peerreviewed articles, chapters and several books. She serves as a cochair of Health Care Industry Council and serves as Director of the newly formed Relational Coordination Research Collaboration at Brandeis University.

The topics covered are grouped into 3 parts: Transforming Health Care (3 chapters), Building a High Performance Work System (14 chapters), and Getting from Here to there (3 chapters). The book also includes 59 exhibits with notes and a sort of annotated bibliography.



In Part I, first she sets the scene and describes the challenges faced by health service organizations in meeting patients' requirements. The organizations considered are multi-disciplined, fragmented, functionally specialized, independent, and status-conscious cultural organizations. Then she explains what relational coordination is and illustrates: the task interdependencies among doctors, nurses, therapists, social workers and case managers, etc., who form the various subsystems of a healthcare provider. Finally, points outlines the 3 changes (reducing and simplifying questions and changing from 5-point scale to 4-point one), made to their validated survey instrument to make it appropriate for time-constrained, lower education level of the staff.

In Part II, Jody Hoffer Gittell first gives an overview of the 12 work practices (Select for Team work, Measure Team Performance, Reward Team performance, Resolve Conflicts proactively, Invest in Frontline Leadership, Deign Jobs for Focus, Make Job Boundaries Flexible, Create Boundary Spanners, Connect through Pathways, Broaden Participation in Patient Rounds, Develop Shared information Systems). She also covers measures for the 12 practices that help simultaneously care for patient and use resources efficiently. She also explains how to transform them from the traditional approach create/enhance mutual respect among healthcare providers' constituents and also to

improve communication of shared goals to enhance knowledge sharing, a key ingredient of a successful operation. She also gives estimations of the impact on the quality and efficiency of patient care and relational coordination of each of the individual work practices. Outsourcing of some services to reduce cost has become vogue and will necessitate improving cross-organizational coordination. The importance of this is highlighted in Chapter 16. In the final chapter, the author provides evidence to support her claim that well coordinated high performance work systems help an organization to succeed while benefiting patients and their care providers.

In Part III, first she emphasizes the need to institute a supportive set of high performance work practices to sustain the efforts of care providers and shows that external pressures are not sufficient though they can act as a motivator. Then she explains a 7-step process to implement high performance work systems in healthcare organizations. These steps are: 1) identifying leadership for change, 2) Mapping out a chosen focal work process, 3) measuring key outcomes (quality and efficiency), 4) identifying weak links by measuring relational coordination, 5) identifying gaps by measuring the high performance work system, 6) systematically transforming work practices, and 7) repeating steps 3 to 6.

Finally, suggests key elements to include in the overhaul of U.S. Health Policy after exploring barriers such as Fragmented payment systems, hospital-physician relationships, and information systems; and Adversarial labor law.

The method followed by her can act as a guide for conducting further similar research in other industries and countries. The High Performance Work System Interview Protocol included can be tailored to other work processes.

Further details are provided in "Relational Coordination: Guidelines for Theory, Measurement and Analysis", by Jody Hoffer Gittell (updated May 1, 2011).

## K. Narasimhan

## About the Reviewer

Kasturi Narasimhan, retired in 2005 as a Learning and Teaching Fellow in the University of Bolton, UK. He graduated from Mysore University and Indian Institute of Science and worked at Electronic and Radar Development Establishment, Bangalore. He has gained Postgraduate Diploma in Management from Manchester Polytechnic and a Master degree in Management Sciences from UMIST. He worked as a Development Engineer and then as Industrial Engineer at Philips Electrical, UK, and as Assistant Productivity Manager at Littlewoods Organization, UK., before moving to academia, in 1987. He has taught Operations Management, Strategic Management and related subjects on both undergraduates and postgraduate courses. He has conducted research on quality in higher education at both macro and micro levels and his conference papers at refereed International conferences in Australia, India, Japan, Malaysia, UK and USA have been published. He has also conducted staff training on Team Work, Customer Focus, Time management, and TQM at a textile firm in Coimbatore, India. He has conducted a number of seminars for both staff and students in Higher Education Institutions, including IIMs. He was a Senior Associate of the Centre for Quality Management, RMIT University and is a Visiting Professor at Dr. G. R. Damodaran Institute of Management (GRDIM), Coimbatore. He was the Regional Advisor (India) for Emerald (formerly known as the MCB Press), UK, and the Book Reviews editor for TQM Journal, and Managing Service Quality and Measuring Business Excellence journals published by them. Since 2008 he has associated with Promentor Consulting as a Chief Advisor.