

Efficiency of Indian Option Market: Estimation of Future Market Volatility Using Implied Volatility[#]

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Abstract

Forecasting volatility is a key process in pricing stock and index options. Accurate forecasting of future volatility would facilitate the traders and investors to make an informed decision. The study examines the market efficiency of exchange traded index options in India. We investigate the predictive power of implied volatility of Nifty index options in forecasting the future stock market volatility. The efficient market hypothesis believes that the implied contains all past information, thereby making it a superior volatility forecast for the underlying asset. Our study is based on the implied volatility of Nifty index options for the years between 2010 and 2018. In this paper, we compare the accuracy of expected future volatility using implied volatility concerning historical volatility. We study the implied volatility for Nifty 50 index option over the last seven years and compare the results against the ARMA model and historical forecasts to re-establish the superiority of implied volatility and efficiency of the Indian option market.

Keywords: Historical Volatility, Implied Volatility, Volatility Forecast

1. Introduction

Forecasting volatility is an inherent process in portfolio management. In general, the volatility of stock and market returns are measured based on the standard deviation of the historical price. The future volatility is estimated based on historical volatility. Such estimates may not provide accurate future volatility, because the price movement in the past does not repeat the same pattern in the future. Researchers have estimated various measures of volatility such as intraday volatility, realised variance and implied volatility. Among other measures, implied volatility forms a significant part in forecasting volatility. Implied volatility is one of the major factors to be considered while trading in options. The changes in implied volatility provide a signal to understand the gyrations in options contract. It indicates the possibility of price fluctuation in the price of the underlying asset. It helps investors gauge future market volatility. Implied volatility is one of the six parameters used in the option pricing model. The options trader can increase the probability of earning a profit by appropriately taking a long or short position based on the implied volatility. The option with short time to maturity is more volatile than the options with long term maturity.

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Historical volatility is an ex post volatility due to its calculation based on past prices. Implied volatility serves as an estimate of future volatility of a stock price/ market return. It is perceived as the volatility implied by the market on an asset. It is mostly used in option pricing. Theoretically, there is a relationship between implied volatility and market movement, Andrew Szakmarya et. al (2003) The bearish market tends to increase implied volatility increases the risk. It is due to the investor's perception that the market will be bearish when there is an increase in volatility. Therefore, the relationship between implied volatility needs to be modelled for forecasting volatility.

2. Literature Review

Karam Pal Narwal and Purva Chhabra, (2018) study provides an insight of implied volatility *vis a vis* informational efficiency. The purpose of this paper was to provide a comprehensive synthesis of past studies regarding the informational content of indices that measure volatility and reviews the empirical and theoretical research studies of the last five decades. It was reaffirmed that overall volatility indices outperform predictions based on the historical volatility measures to predict future realised volatility.

Henry Huang, Kent Wang and Zhanglong Wang (March 2016) applied the Martingale properties of the Model Free Forward Variance (MFFV) to examine the efficiency of S&P 500 options market. By examining samples before and after the 2008 financial crisis, the options market is found to be inefficient and is mainly due to the subprime crisis. The study found that the lagged variance can be used to forecast future variance.

Emmanuel Anoruo and Vasudeva NR Murthy (November 2016) examined the relationship between REIT returns and implied volatility. They used a frequency domain approach to allow shocks to vary across frequency bands. The study concludes that the knowledge of implied volatility facilitates the investors to predict movement in the capital market.

Abhijeet Chandra and Thenmozhi (March, 2015). Their study examines the asymmetric relationship between

the India volatility index (India VIX) and stock market returns. It is found that India VIX captures stock market volatility better than traditional measures of volatility including ARCH/GARCH class of models.

Imlak Shaikh and Puja Padhi (2014a) examined the interaction of "volatility smile", term structure and implied volatility of S&P 500 and Nifty index option. The study found that implied volatility violates the underlying assuming of the Black Scholes option pricing model. There is evidence of the existence of U shaped volatility smile for Indian options market.

Christensen B.J and Prabhala NR (1998), Imlak Shaikh and Puja Padhi (2016) investigated the contemporaneous inter-temporal relationship between implied volatility index and stock returns. The study found that negative returns induce more volatility as compared to positive returns. It is concluded that long run inter-temporal contemporaneous relation persists between the implied volatility and stock market returns.

Percheklii (2014) study compared the predictive power or historical and implied volatility. It is found that implied volatility is inefficient to predict volatility and it provides a biased estimate of the Russian stock market volatility. The historical volatility outperforms implied volatility for data sets that reflect three market series.

Kumar (2012) examined the volatility transmission between India and developed countries stock market. The results indicate the volatility of India stock market (VIX) is negatively correlated to other stock markets. The study further concludes the predict power of VIX to forecast future volatility.

Costas Siriopoulos and Athanasios Fassas (2009) analysed the information content concerning realised volatility and implied volatility. The findings of the study show that the implied volatility indices include information about future volatility as compared to similar study was done by Karan Pal and Purva Chhabra (2017) on the asymmetric relationship between volatility index and assets. The study found the presence of the asymmetric relationship between implied volatility and equity index returns.

3. Objectives of the Study

- 1. To examine whether the implied volatility provides a price discovery mechanism to forecast market returns,
- 2. To predict the future volatility using the market estimate of implied volatility and evaluate the accuracy of various forecasting models,
- 3. To examine whether the futures market provides a price discovery mechanism, and
- 4. To examine the causal relationship between market return and volatility index.

4. Hypotheses of the Study

For the enhancement of the study, the following hypotheses have been framed.

- H₀ There is unit root in the series of market return and volatility index,
- H₀ There is no volatility transmission for the future to spot market,
- H₀-The market return does not Granger cause implied volatility, and
- H₀ The volatility index not Granger Cause market return.

5. Research Methodology

5.1 Date Collection

The study uses the secondary data of historical Nifty index and India volatility index (VIX). The study covers the period between 2010 and 2018. Daily and monthly returns are calculated from the historical data. The frequency of return is selected according to the fitness of data in the forecasting models.

5.2 Tools Employed

Application of Econometric tools requires the data to be stationary. Non stationary time series data produce a biased estimate of the future and results in spurious regression. Augmented Dickey Fuller Test is used to examine whether the historical series of market returns and IV are stationary. The unit root test is applied at the level and first differences of Nifty and VIX time series data. Engle Granger Test examines whether the causal relation between markets returns and implied volatility. The relationship could be unidirectional or bidirectional.

5.3 Augmented Dickey Fuller Test

The historical data of Nifty and VIX is taken for unit root test. The following is the equation of the ADF test.

$$\Delta y_{t} = \alpha + \beta_{1}t + \beta_{2}t^{2} + \gamma y_{t-1} + \phi_{1}\Delta y_{t-1} + \dots + \phi_{p-1}\Delta y_{t-p+1} + \varepsilon_{t}$$
(1)

Where:

- $\Delta y_t =$ change in the dependent variable,
- α is a coefficient,
- β_1 is the time trend coefficient, and
- β_2 is the squared time trend coefficient.

5.4 Granger Causality Test

The Granger Causality test examines whether one-time series shows a causal relationship with another series. If the causal relationship is statistically significant, then one variable can be used to predict another variable. The test was proposed by Granger (1969) and popularised by Sims (1972).

Steps involved in Granger Causality Test regress the first orders of NIFTY with VIX for the period of observation. Estimate the unrestricted ordinary least square equation by assuming a lag length p.

$$x_{t} = c_{1} + \sum_{i=1}^{p} \alpha_{i} x_{t-i} + \sum_{i=1}^{p} \beta_{i} y_{t-i} + u_{t}$$

$$H_0:\beta_1=\beta_2=\ldots\beta_p=0$$

Estimate the following OLS equation and use the F test to check for significance.

$$x_t = c_t + \sum_{i=1}^p \gamma_i x_{t-i} + e_t$$

Compare the error terms in both the equation.

$$RSS_1 = \sum_{t=1}^T \hat{u}_t^2 \quad RSS_0 = \sum_{t=1}^T \hat{e}_t^2$$

If the test result is significant, then reject the null hypothesis that *Y* does not Granger-cause *X*.

$$S_{1} = \frac{(RSS_{0} - RSS_{1}) / p}{RSS_{1} / (T - 2p - 1)} \sim F_{p}, T - 2p - 1$$

It is noted that with lagged dependent variables, as in Granger-causality regressions, the test is valid only asymptotically. An asymptotically equivalent test is given by:

$$S_1 = \frac{T(RSS_0 - RSS_1)}{RSS_1} \sim \chi^2(p)$$

6. Empirical Results

6.1 Descriptive Statistics

Particulars	Daily return		Monthly return	
	NIFTY	VIX	NIFTY	VIX
Mean	0.000355	-0.000301	0.007165	-0.005357
Median	0.000500	-0.002100	0.006050	-0.003150
Maximum	0.037400	0.496900	0.117200	0.523600
Minimum	-0.061000	-0.414400	-0.108100	-0.627400
Standard deviation	0.009790	0.051348	0.045675	0.187006
Skewness	-0.199170	0.485339	-0.014129	0.082776
Kurtosis	4.767486	10.86415	2.942849	3.824307
Jarque Bera	290.7908	5561.887	0.016598	2.886462
Probability	0.000000	0.000000	0.991735	0.236163

Table 1. Summary statistics of Nifty and Volatility index

Table 1, we can see that Nifty data is negatively skewed for both daily returns and monthly returns category. This shows that Nifty data is not normally distributed and is not symmetrical on the left side of the mean. For Nifty Daily Returns data, this skewness value is higher indicating a larger number of observations which have returned less than mean. Comparing the kurtosis values, NIFTY daily returns data has a much longer left tail (value > 3) indicating a higher number of outliers.

On the other hand, for VIX data the skewness values for both the categories, with daily and monthly returns are positive. This proves that VIX data is also not normal and thus not symmetrical. From the kurtosis values we see that for daily returns, VIX daily returns has a longer right tail compared to monthly returns data.

VIX shows much higher variability than Nifty during the same period from 2010 to 2018 July (Figure 1).

Figure 2, Box Plot we can see that for Nifty it has a higher number of outliers with values less than median showing that data is skewed on the left and hence is not normal. For VIX, it has a higher number of outliers with values greater than the median establishing the fact that data is not normal and is skewed on the right. The



Figure 1. Monthly return of Nifty and Volatility index for the period between 2010 and 2018.

 $\mathbf{14}$



Figure 2. Box plot: Daily return of Nifty and VIX

inter-quartile range for nifty is larger than VIX. Hencea large numbers of data points from NIFTY follow the normal curve. Nifty has much higher variability in the data compared to VIX instead of its longer whiskers as seen on the graph.

6.2 Augmented Dickey Fuller Test

Table 2. Unit root test of Nifty returns and Volatility Index

Variables	Level				
	Intercept	Intercept and trend	None		
Nifty return	(0.008658)	(0.005697)	(-10.51897*)		
VIX	(-0.007760)	(-0.014583)	(-1.29976)		

Values in () indicate significance level @ 5% or Rejection of Null Hypothesis, Maximum lag (Automatic) – 11, Schwarz Info Criterion, *t statistic Application of econometric tools for forecasting requires the historical data to be stationary. Such series provides an accurate, unbiased linear estimate of future price, return and volatility. Stationary time series is a stochastic process whose parameters such as mean and variance remain constant irrespective of time. The trend analysis (Table 2 and Figure 3) of Nifty return shows the monthly returns exhibit positive and negative returns with a mean of 0.72% and a standard deviation of 4.6%. The volatility index shows a mean of -0.54% with a standard deviation of 18.7%. The visual observation of both the series seems to be stationary since the series has to mean close to zero and approximately constant variance. We apply Augmented Dickey Fuller test to check for a unit root in the series of NIFTY and VIX. The maximum lag is selected based on the Schwarz Info Criterion and the results of t statistic are compared with the critical values of Dickey Fuller. The significance of the results is tested at 5% level. We apply the unit root test at three levels, i.e. Random walk (No drift and Trend) $\ddot{A}_{v} = \gamma y_{t-1} + \varepsilon_{t}$, Drift without linear time trend $\Delta_{y} = a_{0} + \gamma y_{t-1} + \varepsilon_{t}$, Drift and linear time trend. $\ddot{A}_{v_1} = a_0 + \gamma y_{t-1} + a_2 t + \dot{a}_t$. The ADF test for Nifty return indicates the series is stationary at levels for intercept, trend and intercept and without constant. Similarly, series of VIX are also stationary at a level for all the three equations. It is inferred that NIFTY and VIX return are I(0) variables that indicate stationarity at levels.



Figure 3. Monthly return of NIFTY and Volatility Index for the period between 2010 and 2018.

6.3 Test for Equality of Variance between NIFTY Return and VIX

India VIX is constructed based on the price of Nifty index options. Any change in the Nifty index will affect the option prices and thus will have an impact on the volatility. Generally, VIX shows a negative relationship with Nifty return. High volatility in the market affects the investor's sentiment that leads a decrease in volume and market return. Low volatility would boot investors' confidence and bring more volume and increase the market return. We examine the nature of the association between Nifty and VIX by applying the test of equality of variances. The following are the hypothesis for the test (Table 3):

Null Hypothesis: H_0 : $\sigma 21 = \sigma 22 = ... = \sigma 2k$ Alternate hypothesis: H_s : $\sigma 2i \neq \sigma 2j$ for at least one pair (*i,j*).

Table 3.Test of equality of variance between NIFTYand VIX

Test for Equality of Variances Between Series								
Method		df		Val	ue	Probability		
F-test			(97, 97)	(97, 97) 16.7		76336	0.0000	
Siegel-Tuk	ey				7.5	09997	0.0000	
Bartlett			1		149	.4618	0.0000	
Levene			(1, 194)		71.:	34741	0.0000	
Brown-For	sythe		(1, 194)		71.23686		0.0000	
Category Statistics								
				Mean Ab		Mean Abs.	Mean Tukey	
Variable	Count	Sto	d. Dev.	Mean Diff.		Median Diff.	Siegel Rank	
NIFTY	98	0.0)45675	0.035887		0.035873	128.9337	
VIX	98	0.1	87006	0.141858		0.141822	68.06633	
All	196	0.1	35916	0.088873		0.088848	98.50000	

Bartlett weighted standard deviation: 0.136120

The test of equality of variance examines whether two populations have the same variance. The hypothesis is tested by parametric test (F-test) and Non parametric tests (Siegel-Tukey, Bartlett, Levene and Brown – Forsythe). Equal variances between NIFTY and VIX indicates homogeneity of variance otherwise heteroscedastic. F test and Bartlett test are applied when the data follows a normal distribution. Levene's test an alternative to Bartlett test used when the series deviates from a normal distribution. Brown-Forsythe uses either the median or the trimmed mean in addition to the mean value. The test is best suited when there is kurtosis and skweness in the data. All test results are significant @ 5% level. Therefore, the null hypothesis of equal variance is rejected, and it is inferred that the variance NIFTY and VIX are not constant across time. We found that there is no evidence to say the variance between NIFT and VIX is equal.

6.4 Simple Linear Regression – Static Forecast of Nifty Returns

Financial markets exhibit a strong relationship between market performance and volatility. Increase in stock market returns tends to decrease the volatility and vice versa. Volatility is measured using the standard deviation of historical price movement of the market index. However historical volatility does not provide an accurate forecast of future volatility. The volatility index (VIX) measures the implied volatility i.e. market estimation of future volatility. Therefore, any change in VIX would indicate future volatility. Any increase or decrease in VIX would act as a lead indicator to market return establishing a relationship between returns and volatility. We apply simple linear regression –static forecast model to forecast nifty returns.

Table 4. Static forecast of Nifty returns					
Dependent Variable	NIFTY				
Sample	2010M01 2016M02				
Variable	Coefficient	Standard Error	t-Statistic	Prob	
C	0.003771	0.004995	0.754923	0.4528	
VIX	-0.111521	0.024515	-4.549084	0.0000	
R-Squared	0.223252				
Adjusted R Squared	0.212464				

Table 4 and Figure 4 shows the results of the simple linear regression of nifty index and VIX. The market index is taken as the regress and VIX as the regressor. Since the equation does not include the lag value of regress and, the forecasting is said to be static. The historical time series is classified in to two parts i.e. the observation and forecasting period. The observation period is between 2010M01 and 2016M02 and the forecasting period in between 2016M03 and 2018M02. The forecasted market returns are compared with the



Forecast: NIFTYF	
Actual: NIFTY	
Forecast sample: 2016M03	2018M02
Included observations: 24	
Root Mean Squared Error	0.035764
Mean Absolute Error	0.027951
Mean Abs. Percent Error	123.2195
Theil Inequality Coefficient	0.685197
Bias Proportion	0.101988
Variance Proportion	0.359956
Covariance Proportion	0.538057

Figure 4. Static forecast of Nifty returns.

actual and plotted in Figure 5 along with the residuals. The forecasting accuracy of the statistical model is tested based on the root mean squared error Theil U Statistic. The linear regression results show a root mean squared error of 3.57%. The accuracy of simple linear regression to forecast is interpreted by using Theil U Statistic. The model is considered to be the best fit if the U stat value is less than 1. The obtained U stat value is 0.685. Any value below one is considered to be better guessing as per the guidelines. Therefore, is it inferred that simple linear regression may provide an unbiased estimate of future return.

6.5 Residual Diagnostics

Table 5. Breusch-Godfrey Serial Correlation LM Test

E atatiatia	2 501 476	Drob E(2.7())	0.0220
r-statistic	3.301470	FIUD. F(2,70)		0.0330
Obs*R-squared	6.869338	Prob. Chi-S	Prob. Chi-Square(2)	
Variable	Coefficient	Std. Error	t-Statistic	Prob.
С	0.000388	0.004828	0.080378	0.9362
VIX	-0.008556	0.023950	-0.357254	0.7220
RESID (-1)	-0.004674	0.116047	-0.040273	0.9680
RESID (-2)	-0.313746	0.117231	-2.676298	0.0093
R-squared	0.092829	Mean dependent var		2.25E-18
Adjusted	0.053950	S.D. dependent var		0.042671
R-squared				
S.E. of regression	0.041504	Akaike info criterion		-3.473520
Sum squared resid	0.120580	Schwarz criterion		-3.348976
Log likelihood	132.5202	Hannan-Quinn criter.		-3.423838
F-statistic	2.387651	Durbin-Watson stat		1.825684
Prob (F-statistic)	0.076236			
VIX RESID (-1) RESID (-2) R-squared Adjusted R-squared S.E. of regression Sum squared resid Log likelihood F-statistic Prob (F-statistic)	-0.008556 -0.004674 -0.313746 0.092829 0.053950 	0.023950 0.116047 0.117231 Mean depen S.D. depend Akaike info Schwarz cri Hannan-Qu Durbin-Wat	-0.357254 -0.040273 -2.676298 indent var dent var criterion terion terion son stat	0.7220 0.9680 0.0093 2.25E-18 0.042671 -3.473520 -3.348976 -3.423838 1.825684

Application of linear regression and testing of the hypothesis requires the series to be normally distributed. The normality is tested using JarqueBera test under the null hypothesis of normal distribution vs non-normal distribution. Since the obtained probability is more than 5%, the test is not statistically significant (a) 5% level. It shows the residuals of liner regression are not normally distributed. Breush Godfrey LM Test (Table 5) is applied to examine whether the residuals are correlated with the lagged value of itself causing an auto correlation. Presence of auto correlation may produce biased coefficients and inflated R² value. The LM test shows there is no auto correlation in the residuals. Breusch Pegan Godfrey test is used to test whether the variance of residuals is time invariant or homoscedastic. For a regression model is considered as best fit when $\mu=0$, $\sigma=$ constant (Homoscedastic). The result of Breush Pegan test is significant @ 5% showing the variance of residuals is homoscedastic. Therefore, it is inferred that VIX has the power to influence the market index.

6.6 ARMA Model Forecasting

Auto Regressive Moving average model is used to examine the predictive power of the lag variable in forecasting the dependent variable. The model consists of two parts, an autoregressive and moving average component. The autoregressive component considers the lagged values of the dependent variable and moving average is the linear combination of error terms. We

Variable	Dependent Variable: NIFTY			
	Coefficient	Std. Error	t-Statis-tic	Prob.
С	0.004524	0.005052	0.895545	0.3736
VIX	-0.109450	0.024670	-4.436497	0.0000
AR(1)	0.001834	0.120409	0.015229	0.9879
R-squared	0.219991	Mean dependent var		0.004914
Adjusted R-squared	0.197705	S.D. dependent var		0.048093
S.E. of regression	0.043077	Akaike info criterion		-3.411407
Sum squared resid	0.129897	Schwarz criterion		-3.317279
Log likelihood	127.5164	Hannan-Quinn criter.		-3.373895
F-statistic	9.871260	Durbin-Watson stat		1.969094
Prob(F-statistic)	0.000167			
Inverted AR Roots	.00			

 Table 6.
 ARIM model forecasting of Nifty returns

18

apply the first order ARMA model to forecast market volatility using implied volatility. The results are tabulated in the following Table 6.

ARMA model (Figure 6) is applied to forecast the market volatility using implied volatility as the independent variable. The goodness of fit of the model is analysed through Log-Likelihood function and Akaike Information Criterion (AIC). When comparing various orders of ARMA models, the one with lower AIC value is considered to be better for forecasting.

It is found that the ARMA (1,1) model has the least AIC error (-3.411407) and LLF (127.5164). Hence it is inferred that ARMA (1, 1) is the appropriate model to forecast market volatility.

6.7 Granger Causality Test

We apply the Granger Causality test to examine the relationship between market return and implied volatility. Understanding the causal relationship between the two would facilitate the investors to develop trading strategies. If the implied volatility is



Forecast: NIFTYF	
Actual: NIFTY	
Forecast sample: 2016M03	2018M02
Included observations: 24	
Root Mean Squared Error	0.035516
Mean Absolute Error	0.027800
Mean Abs. Percent Error	125.1068
Theil Inequality Coefficient	0.679432
Bias Proportion	0.090863
Variance Proportion	0.373419
Covariance Proportion	0.535718

Figure 5. ARMA model forecast of market volatility



Figure 6. ARMA model.

said to Granger cause market return, then the patterns of volatility are expected to have an impact on the market return with a lag. It can be inferred that volatility has the predictive power to estimate returns and volatility. Table 7 shows the results of Granger Causality.

 Table 7.
 Pair-wise Engle Granger Causality

Pairwise Granger Causality Tests Lags: 2					
Null Hypothesis	Obs	F-Statistic	Prob.		
VIX does not Granger Cause NIFTY	2124	0.25951	0.7715		
NIFTY does not Granger Cause VIX		9.18482	0.0001		

The output of the test indicates whether implied volatility is useful in forecasting volatility. The hypotheses are tested for both unidirectional and bidirectional causality. The significance of the results is examined using F Test. The results of Granger Causality test indicate unidirectional causality between NIFTY and VIX. However, there is no causality running from VIX to Nifty.

7. Conclusion

The two major types of volatility used in security analysis are historical and implied volatility. Historical volatility refers to the standard deviation of past returns. Modelling volatility requires an accurate estimate of future volatility. Experts and researchers have explored various models to forecast volatility. These models provide either static of dynamic forecast of future volatility. The forecasting models may be either univariate or bivariate. In the univariatemodel, the lagged values of the same variable are used to forecast the future value. The bivariate model includes an additional independent variable as a regressor in the equation. Using a bivariate model to forecast volatility necessitate the need to understand the dynamic relationship between two variables. The present study explores the predictive power of implied volatility to forecast market returns and future volatility. Application of forecasting model in the study shows implied volatility acts an appropriate indicator to forecast future volatility. Further, there exists a unidirectional causality between market return and implied volatility.

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